

**Package leaflet: Information for the user**

**Cevitect® Thymian Pastillen**

**Oral gum**

**For use in children and adults**

**Active substance: Dry extract of thyme herb**

**Dear Patient!**

**Read all of this leaflet carefully because it contains important information for you.**

**This medicine is available without prescription. However, you still need to take Cevitect® Thymian Pastillen carefully to get the best results from it.**

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after one week.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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**1. What Cevitect® Thymian Pastillen is and what it is used for**

- 1.1 Cevitect® Thymian Pastillen is a herbal remedy of common cold of the respiratory tract.
- 1.2 For remedy of complaints related to common cold of the respiratory tract, with viscid mucus, and for remedy of complaints related to acute bronchitis.

**2. Before you take Cevitect® Thymian Pastillen**

*2.1 Do not take Cevitect® Thymian Pastillen:*

- If you are allergic (hypersensitive) to thyme or other lamiaceae (labiates), birch, mugwort, celery, or any of the other ingredients of Cevitect® Thymian Pastillen.
- With patients suffering from bronchial asthma or other diseases of the respiratory tract associated with distinct hypersensitivity of the respiratory tract. Use of Cevitect® Thymian Pastillen may lead to breathlessness or cause an asthma attack.

*2.2 Take special care with Cevitect® Thymian Pastillen:*

If complaints last longer than one week or if breathlessness, fever, or purulent or bloody sputum occurs, please see a doctor.

Cevitect® Thymian Pastillen should not be used by children under 6 years of age in order to avoid the risk of choking on the oral gums.

*2.3 Taking other medicines:*

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

No interactions with other medicines are known.

*2.4 Pregnancy and breast-feeding:*

Cevitect® Thymian Pastillen should not be used during pregnancy and breast-feeding due to a lack of experience.

**2.5 Driving and using machines:**

No restrictions are known for medicines containing thyme.

**2.6 Important information about some of the ingredients of Cevitect® Thymian Pastillen:**

This medicine contains maltitol and glucose. Please consult your doctor before taking Cevitect® Thymian Pastillen, if you know of being intolerant to certain sugars.

**3. How to take Cevitect® Thymian Pastillen**

Always take Cevitect® Thymian Pastillen exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

**3.1 Dosage:**

Adults and adolescents from 12 years of age suck 3 – 4 oral gums 3 – 4 times daily (corresponding to 3024 – 5376 mg thyme herb per day).

Children from 6 to 12 years of age suck 2 – 3 oral gums 4 times daily (corresponding to 2688 – 4032 mg thyme herb per day).

**3.2 Method of administration:**

Oral gums should be sucked (not chewed).

**3.3 Duration of administration:**

The treatment duration depends on the course of disease. If you are not sure or if you think the effect of Cevitect® Thymian Pastillen is too strong or too weak, please ask your doctor or pharmacist. Please observe the advice given in paragraphs 2.2 and 4.

**3.4 If you take more Cevitect® Thymian Pastillen than you should:**

Poisoning by Cevitect® Thymian Pastillen has not become known to date. If you have taken more Cevitect® Thymian Pastillen than you should, please inform your doctor. Your doctor will decide on measures that may be necessary. Possibly, side effects as mentioned below are more intense.

**3.5 If you forget to take Cevitect® Thymian Pastillen:**

Do not take a double dose to make up for a forgotten dose. Continue taking Cevitect® Thymian Pastillen according to paragraph 3.1 of this leaflet.

**4. Possible side effects**

Like all medicines, Cevitect® Thymian Pastillen can cause side effects, although not everybody gets them.

For the assessment of side effects, the following data on frequency are used as a basis:

<b>Very common:</b> More than 1 of 10 patients treated	<b>Common:</b> Less than 1 of 10, but more than 1 of 100 patients treated
<b>Uncommon:</b> Less than 1 of 100, but more than 1 of 1,000 patients treated	<b>Rare:</b> Less than 1 of 1,000, but more than 1 of 10,000 patients treated
<b>Very rare:</b> Less than 1 of 10,000 patients treated, or unknown	

**4.1 Possible side effects:**

Very rarely, hypersensitivity reactions such as breathlessness, skin rashes, urticaria, and swelling of the face, mouth, and/or throat may occur.

Also very rarely, stomach problems such as cramps, nausea, vomiting may occur.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

With first signs of a hypersensitivity reaction Cevitect® Thymian Pastillen must not be taken anymore.

## **5. How to store Cevitect® Thymian Pastillen**

Keep out of the reach and sight of children.

Do not use Cevitect® Thymian Pastillen after the expiry date which is stated on the carton and on the foil containing the oral gums.

### **Storage conditions:**

Do not store above 25 °C.

## **6. Further information**

### **6.1 What Cevitect® Thymian Pastillen contains:**

*The active substance is:*

1 oral gum contains 42 mg dry extract of thyme herb (6 – 10:1), extraction solvent: ethanol 70% (v/v); corresponding to 336 mg thyme herb.

*The other ingredients are:*

Maltitol, liquid, arabic gum (dry substance), purified water, glucose syrup (dry substance), saccharin sodium, colloidal silica, paraffin, light liquid, white beeswax, eucalyptus oil, peppermint oil.

For diabetics: No BU calculation necessary.

### **6.2 What Cevitect® Thymian Pastillen looks like and contents of the pack:**

Dark brown round, one-sided curved, hard oral gums

Packs with 30 oral gums.

*Marketing Authorisation Holder and Manufacturer:*

Dr. Poehlmann & Co. GmbH

Loerfeldstr. 20

D-58313 Herdecke

Germany

Phone: +49-2330-977678

Fax: +49-2330-977697

E-Mail: office@dr-poehlmann.de

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